

God's Promises to Live By

*"Man shall not live by bread alone but by every word
that proceeds out of the mouth of God."*

Matthew 4:4

*He humbled you, causing you to hunger and then feeding you with manna, which neither
you nor your fathers had known, to teach you that man does not live on bread alone but
on every word that comes from the mouth of the LORD. 4 Your clothes did not wear out
and your feet did not swell during these forty years. – Deuteronomy 8:3-4*

Most of us live by our own wits and bootstraps. We do everything in a humanistic earthly
ways. We expect no miracles and so we get none. We have adopted Ben Franklin's old
adage, "God helps those who help themselves," which is not Biblical, nor true. God loves
to show himself strong on behalf of those who wait on Him.

*For the eyes of the LORD run to and fro throughout the whole earth, to show himself
strong in the behalf of them whose heart is perfect toward him.*

2 Chronicles 16:9

Why do we eat crumbs from God's table when we are His children and have every right
to eat at the banquet table from heaven? Why do we live like paupers when God has
called us princes? Why do we beg God like orphans when he calls us sons and daughters
of the King? Why do we go without when God has promised us all that we need? Is it
not that we do not know his promises, nor his great and unfailing love toward us?

The following document contains over 340 promises given to you and me personally,
straight from the heart of God. It is to be our daily bread and butter. We challenge you to
live like a king and claim God's mighty promises every day.

A Few of God's Great Promises to His Children

There are 16 precious promises in each category!

1. Prayer	11. Stress
2. Protection	12. Suffering
3. Provision	13. Temptation
4. Finances	14. Tough Times
5. Doubts	15. Wait on God
6. Loneliness	16. Children
7. Safety & Rest	17. Security
8. Worry & Anxiety	18. God's Word
9. Healing	19. God's Faithfulness
10. Strength	20. God's Character

1. Promises for Prayer

1. Isaiah 65:24 And it shall come to pass, that before they call, I will answer; and while they are yet speaking, I will hear.
2. Psalm 37:4 Delight yourself also in the LORD; and he shall give you the desires of your heart.
3. Psalm 37:5 Commit thy way unto the LORD; trust also in him; and he shall bring it to pass.
4. Jeremiah 33:3 Call unto me, and I will answer you, and show you great and mighty things, which you know not.
5. Matthew 18:19 Whatever you shall bind on earth shall be bound in heaven: and whatsoever you shall loose on earth shall be loosed in heaven...
6. Jeremiah 32:17 Ah Lord GOD! behold, you have made the heaven and the earth by thy great power and stretched out arm, and there is nothing too hard for you:
7. 1 John 5:14 This is the confidence that we have in Him, that if we ask anything according to His will, He hears us.
8. 1 John 5:15 And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him.
9. Matthew 21:33 And all things, whatsoever you shall ask in prayer, believing, you shall receive.
10. Matthew 18:19 I two of you shall agree on earth as touching any thing that they shall ask, it shall be done for them of my Father which is in heaven.
11. James 5:16 Confess your faults one to another, and pray one for another, that you may be healed. The effectual fervent prayer of a righteous man avails much.
12. James 5:14-15 Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: And the prayer of faith shall save the sick, and the Lord shall raise him up.
13. John 14:13 Whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son.
14. John 16:23 And in that day you shall ask me nothing. Verily, verily, I say unto you, Whatever you shall ask the Father in my name, he will give it you.
15. John 16:24 Hitherto have you asked nothing in my name: ask, and you shall receive, that your joy may be full.

16. John 14:14 If you shall ask any thing in my name, I will do it.

2. Promises for Protection

1. Psalm 91:1 He who dwells in the shelter of the Most High will rest in the shadow of the Almighty.
2. Psalm 91:2-3 I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust." Surely he will save you from the fowler's snare and from the deadly pestilence.
3. Isaiah 54:17 No weapon forged against you will prevail, and you will refute every tongue that accuses you. This is the heritage of the servants of the LORD...
4. Isaiah 43:2 When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.
5. Psalm 5:11 But let all who take refuge in you be glad; let them ever sing for joy. Spread your protection over them, that those who love your name may rejoice in you.
6. Jeremiah 15:20 I will make you a wall to this people, a fortified wall of bronze; they will fight against you but will not overcome you, for I am with you to rescue and save you."
7. Psalm 5:12 For surely, O LORD, you bless the righteous; you surround them with your favor as with a shield.
8. 2 Thessalonians 3:3 But the Lord is faithful, and He will strengthen and protect you from the evil one.
9. Proverbs 18:10 The name of the Lord is a strong tower; the righteous runs into it and is safe.
10. Psalm 121:7-8 The Lord will protect you from all evil; He will keep your soul. The Lord will guard your going out and your coming in from this time forth and forever.
11. Psalm 27:1 The Lord is my light and my salvation; whom shall I fear? The Lord is the defense of my life; whom shall I dread?
12. Proverbs 3:24 When you lie down, you will not be afraid; when you lie down, your sleep will be sweet.
13. Psalm 91:9-10 For you have made the Lord, my refuge, even the Most High, your dwelling place. No evil will befall you, nor will any plague come near your tent.

14. Psalm 61:3 For You have been a refuge for me, a tower of strength against the enemy. Protection
15. Psalm 4:8 In peace I will both lie down and sleep, for You alone, O Lord, make me to dwell in safety.
16. Deuteronomy 33:12 May the beloved of the Lord dwell in security by Him, Who shields him all the day and he dwells between His shoulders.

3. Promises for Provisions

1. Philippians 4:19 My God will supply all your needs according to His riches in glory in Christ Jesus.
2. Philippians 4:13 I can do all things through Him who strengthens me.
3. John 15:7 If you abide in Me, and My words abide in you, ask whatever you wish, and it will be done for you.
4. John 16:23-24 In that day you will not question Me about anything. Truly, truly, I say to you, if you ask the Father for anything in My name, He will give it to you. Until now you have asked for nothing in My name; ask and you will receive, so that your joy may be made full.
5. Psalm 37:25. I was young and now I am old, yet I have never seen the righteous forsaken or their children begging bread. 26. They are always generous and lend freely; their children will be blessed.
6. Psalm 34: 9. Fear the LORD, you his saints, for those who fear him lack nothing. 10. The lions may grow weak and hungry, but those who seek the LORD lack no good thing.
7. Philippians 4:19. And my God will meet all your needs according to his glorious riches in Christ Jesus.
8. 2 Corinthians 9:8. And God is able to make all grace abound to you, so that in all things at all times, having all that you need, you will abound in every good work.
9. Ephesians 3:20-21 Now to Him who is able to do far more abundantly beyond all that we ask or think, according to the power that works within us, to Him be the glory in the church and in Christ Jesus to all generations forever and ever. Amen.
10. Psalm 37:4 Delight thyself also in the LORD; and he shall give thee the desires of thine heart.

11. Mark 11:24 Therefore I say to you, all things for which you pray and ask, believe that you have received them, and they will be granted you.
12. Matthew 21:22 All things you ask in prayer, believing, you will receive.
13. Luke 6:38 Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again.
14. 2 Corinthians 8:14 But by an equality, that now at this time your abundance may be a supply for their want, that their abundance also may be a supply for your want: that there may be equality:
15. Psalm 37:24-25 I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread. He is ever merciful, and lends; and his seed is blessed.
16. Psalm 37:16 A little that a righteous man hath is better than the riches of many wicked.

4. Promises for Your Finances

1. Proverbs 23:4-5 Do not weary yourself to gain wealth, cease from your consideration of it. When you set your eyes on it, it is gone. For wealth certainly makes itself wings like an eagle that flies toward the heavens.
2. Psalms 37:16 Better is the little of the righteous than the abundance of many wicked.
3. James 2:5 Listen, my beloved brethren: did not God choose the poor of this world to be rich in faith and heirs of the kingdom which He promised to those who love Him?
4. Ecclesiastes 4:6 One hand full of rest is better than two fists full of labor and striving after wind.
5. Proverbs 17:5 He who mocks the poor taunts his maker; He who rejoices at calamity will not go unpunished.
6. Psalm 12:5 Because of the devastation of the afflicted, because of the groaning of the needy, now I will rise, says the LORD; I will set him in the safety for which he longs.
7. Proverbs 22:22 Do not rob the poor because he is poor, or crush the afflicted at the gate.

8. 1 Timothy 6:17-19 Charge them that are rich in this world, that they be not highminded, nor trust in uncertain riches, but in the living God, who giveth us richly all things to enjoy; 18 That they do good, that they be rich in good works, ready to distribute, willing to communicate; 19 Laying up in store for themselves a good foundation against the time to come, that they may lay hold on eternal life.
9. Ecclesiastes 5:12-14 The sleep of a labouring man is sweet, whether he eat little or much: but the abundance of the rich will not suffer him to sleep. 13 There is a sore evil which I have seen under the sun, namely, riches kept for the owners thereof to their hurt. 14 But those riches perish by evil travail: and he begetteth a son, and there is nothing in his hand.
10. Deuteronomy 8:18 But you shall remember the LORD your God, for it is He who is giving you power to make wealth, that He may confirm His covenant which He swore to your fathers, as it is this day.
11. Proverbs 15:16 Better is a little with the fear of the LORD than great treasure and turmoil with it.
12. Proverbs 11:28 He who trusts in his riches will fall, but the righteous will flourish like the green leaf.
13. Ecclesiastes 5:10 He who loves money will not be satisfied with money, nor he who loves abundance with its income.
14. Job 5:15-16 But He saves from the sword of their mouth, and the poor from the hand of the mighty. So the helpless has hope, and unrighteousness must shut its mouth.
15. Proverbs 13:7 There is one who pretends to be rich, but has nothing; another pretends to be poor, but has great wealth.
16. Proverbs 28:20 A faithful man will abound with blessings, but he who makes haste to be rich will not go unpunished.

5. Promises in Times of Doubt

1. Mark 11:22-23 Have faith in God. Truly I say to you, whoever says to this mountain, Be taken up and cast into the sea, and does not doubt in his heart, but believe that what he says is going to happen, it will be granted him.
2. Mark 11:24 Therefore I say to you, all things for which you pray and ask, believe that you have received them, and they will be granted you.
3. Luke 12:29-31 And do not seek what you will eat and what you will drink, and do not keep worrying. For all these things the nations of the world eagerly seek; but your Father knows that you need these things. But seek His kingdom, and these things will be added to you.
4. Romans 4:20-21 Yet, with respect to the promise of God, he did not waver in unbelief but grew strong in faith, giving glory to God, and being fully assured that what God had promised, He was able also to perform. When you lie down, you will not be afraid; When you lie down, your sleep will be sweet.
5. Isaiah 59:1 Behold, the LORD'S hand is not so short that it cannot save; nor is His ear so dull that it cannot hear.
6. 1 Thessalonians 5:24 Faithful is He who calls you, and He also will bring it to pass.
7. Romans 10:17 So faith comes from hearing, and hearing by the word of Christ.
8. Isaiah 55:10 For as the rain and the snow come down from heaven, and do not return there without watering the earth and making it bear and sprout, and furnishing seed to the sower and bread to the eater;
9. Psalm 23 (NIV) The Lord is my shepherd, I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul. He guides me in paths of righteousness for his name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.
10. Psalm 34:15 (NIV) The eyes of the Lord are on the righteous and his ears are attentive to their cry.
11. Matthew 7: 7,8 (NIV) Ask and it will be given to you; seek and you will find' knock and the door will be opened to you. For everyone who asks receives he who seeks finds; and to him who knocks, the door will be opened.

12. Matthew 7:9-11 (NIV) Which of you, if his son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!
13. Philippians 4:13 (NIV) I can do everything through him who gives me strength.
14. 1 Thessalonians 5:24 (NASB) Faithful is he who calls you, and he also will bring it to pass.
15. 2 Timothy 1:7 (NIV) For God did not give us a spirit of timidity (fear), but a spirit of power, of love and of self-discipline.
16. James 5:16 (NASV) The effective prayer of a righteous man can accomplish much.

6. Promises in Times of Loneliness

1. Deuteronomy 4:31 For the LORD your God is a compassionate God; He will not fail you nor destroy you nor forget the covenant with your fathers which He swore to them.
2. Deuteronomy 31:6 Be strong and courageous, do not be afraid or tremble at them, for the LORD your God is the one who goes with you. He will not fail you or forsake you.
3. Deuteronomy 33:27 The eternal God is a dwelling place, and underneath are the everlasting arms; and He drove out the enemy from before you, and said, 'Destroy!'
4. Samuel 12:22 For the LORD will not abandon His people on account of His great name, because the LORD has been pleased to make you a people for Himself. 1
5. Psalms 46:1 GOD is our refuge and strength, a very present help in trouble.
6. Psalms 27:10 For my father and my mother have forsaken me, but the LORD will take me up.
7. Psalms 147:3 He heals the brokenhearted And binds up their wounds.
8. Isaiah 41:10 Do not fear, for I am with you; do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, surely I will uphold you with My righteous right hand.
9. Isaiah 54:10 'For the mountains may be removed and the hills may shake, but My loving kindness will not be removed from you, and My covenant of peace will not be shaken,' Says the LORD who has compassion on you.

10. Matthew 28:20 Teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age.
11. John 14:1 Do not let your heart be troubled; believe in God, believe also in Me.
12. John 14:18 I will not leave you as orphans; I will come to you.
13. Romans 8:38-39 For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord.
14. Romans 8:35-37 Who will separate us from the love of Christ? Will tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? But in all these things we overwhelmingly conquer through Him who loved us
15. Hebrews 13:5 Make sure that your character is free from the love of money, being content with what you have; for He Himself has said, I will never desert you, nor will I ever forsake you.
16. 1 Peter 5:7 Casting all your anxiety on Him, because He cares for you.

7. Promises for Safety and Rest

1. John 14:27 Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful.
2. 1 Peter 5:7 Casting all your anxiety on Him, because He cares for you.
3. Isaiah 26:3 The steadfast of mind You will keep in perfect peace, Because he trusts in You.
4. Proverbs 3:24 When you lie down, you will not be afraid; When you lie down, your sleep will be sweet.
5. Psalm 4:8 In peace I will both lie down and sleep, For You alone, O LORD, make me to dwell in safety.
6. Hebrews 4:9 His works were finished from the foundation of the world. . . . So there remains a Sabbath rest for the people of God.
7. Romans 8:6 For the mind set on the flesh is death, but the mind set on the Spirit is life and peace
8. Psalms 91:1-2 He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust."

9. Psalms 91:3-4. Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart.
10. Psalms 91:5-6 You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.
11. Psalms 91:7-8 A thousand may fall at your side, ten thousand at your right hand, but it will not come near you. You will only observe with your eyes and see the punishment of the wicked.
12. Psalms 91:9-10 If you make the Most High your dwelling-- even the LORD, who is my refuge-- then no harm will befall you, no disaster will come near your tent.
13. Psalms 91:11-12 For he will command his angels concerning you to guard you in all your ways; they will lift you up in their hands, so that you will not strike your foot against a stone.
14. Psalms 91:13-14 You will tread upon the lion and the cobra; you will trample the great lion and the serpent. "Because he loves me," says the LORD, "I will rescue him; I will protect him, for he acknowledges my name.
15. Psalms 91:15-16 He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him. 16. With long life will I satisfy him and show him my salvation."
16. Genesis 2:2-3 On the seventh day God ended his work which he made; and he rested from all his work which he had made. And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made.

8. Promises for Worry and Anxiety

1. Genesis 15:1 After these things the word of the LORD came unto Abram in a vision, saying, Fear not, Abram: I am thy shield, and thy exceeding great reward.
2. Deuteronomy 20:3 And shall say unto them, Hear, O Israel, ye approach this day unto battle against your enemies: let not your hearts faint, fear not, and do not tremble, neither be ye terrified because of them;
3. Deuteronomy 31:6 Be strong and of a good courage, fear not, nor be afraid of them: for the LORD thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee.

4. Joshua 1:9 Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God *is* with thee whithersoever thou goest.
5. 1 Chronicles 28:20 And David said to Solomon his son, Be strong and of good courage, and do it: fear not, nor be dismayed: for the LORD God, even my God, will be with thee; he will not fail thee, nor forsake thee, until thou hast finished all the work for the service of the house of the LORD.
6. 2 Chronicles 20:17 Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the LORD with you, O Judah and Jerusalem: fear not, nor be dismayed; to morrow go out against them: for the LORD will be with you.
7. Isaiah 35:4 Say to them that are of a fearful heart, Be strong, fear not: behold, your God will come with vengeance, even God with a recompence; he will come and save you.
8. Isaiah 41:13 For I the LORD thy God will hold thy right hand, saying unto thee, Fear not; I will help thee.
9. Matthew 6:26 Look at the birds of the air, that they do not sow, nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not worth much more than they?
10. Matthew 6:34-35 Your heavenly Father knows that you have need of all these things. But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.
11. Philippians 4:4 Rejoice in the Lord always: and again I say, Rejoice.
12. Philippians 4:6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God
13. Philippians 4:7 And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.
14. Philippians 4:19 And my God will supply all your needs according to His riches in glory in Christ Jesus.
15. Philippians 4:8 Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable--if anything is excellent or praiseworthy--think about such things.
16. Colossians 3:15 Let the peace of Christ rule in your hearts, to which indeed you were called in one body; and be thankful.

9. Promises for Sickness & Healing

1. Exodus 15:26 I will put none of the diseases on you which I have put on the Egyptians; for I, the LORD, am your healer.
2. Psalms 103:3 Who pardons all your iniquities, who heals all your diseases.
3. Psalms 107:20 He sent His word and healed them, and delivered them from their destructions.
4. Isaiah 53:5 But He was pierced through for our transgressions, He was crushed for our iniquities; The chastening for our well-being fell upon Him, and by His scourging we are healed.
5. Jeremiah 30:17 For I will restore you to health and I will heal you of your wounds, declares the LORD.
6. Jeremiah 17:14 Heal me, O LORD, and I will be healed; save me and I will be saved, for You are my praise.
7. Proverbs 4:20-22 My son, give attention to my words; incline your ear to my sayings. Do not let them depart from your sight; keep them in the midst of your heart. For they are life to those who find them and health to all their body.
8. Matthew 8:8 But the centurion said, 'Lord, I am not worthy for You to come under my roof, but just say the word, and my servant will be healed.'
9. Matthew 9:35 Jesus was going through all the cities and villages, teaching in their synagogues and proclaiming the gospel of the kingdom, and healing every kind of disease and every kind of sickness.
10. Luke 6:19 And all the people were trying to touch Him, for power was coming from Him and healing them all.
11. Hebrews 13:8 Jesus Christ is the same yesterday and today and forever.
12. James 5:14-15 Is anyone among you sick? Then he must call for the elders of the church and they are to pray over him, anointing him with oil in the name of the Lord; and the prayer offered in faith will restore the one who is sick, and the Lord will raise him up...
13. 3 John 1:2 Beloved, I pray that in all respects you may prosper and be in good health, just as your soul prospers.
14. 1 Peter 2:24 And He Himself bore our sins in His body on the cross, so that we might die to sin and live to righteousness; for by His wounds you were healed.

15. 2 Corinthians 12:9 And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.
16. Philippians 2:27 For indeed he was sick nigh unto death: but God had mercy on him; and not on him only, but on me also, lest I should have sorrow upon sorrow.

10. Promises for Strength

1. Nehemiah 8:10 Then he said to them, 'Go, eat of the fat, drink of the sweet, and send portions to him who has nothing prepared; for this day is holy to our Lord. Do not be grieved, for the joy of the LORD is your strength.'
2. Psalms 18:2 The LORD is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge; my shield and the horn of my salvation, my stronghold.
3. Psalm 27:1 The LORD is my light and my salvation; whom shall I fear? The LORD is the defense of my life; whom shall I dread?
4. Psalm 119:28 My soul weeps because of grief; strengthen me according to Your word.
5. Proverbs 8:14 Counsel is mine and sound wisdom; I am understanding, strength is mine.
6. Isaiah 30:15 For thus the Lord GOD, the Holy One of Israel, has said, 'In repentance and rest you will be saved, in quietness and trust is your strength.'
7. Isaiah 40:29 He gives strength to the weary, and to him who lacks might He increases power.
8. Isaiah 40:31 Yet those who wait for the LORD will gain new strength; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary.
9. Ephesians 3:16, 17 That He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit in the inner man, so that Christ may dwell in your hearts through faith; and that you, being rooted and grounded in love.
10. Ephesians 6:10 Finally, be strong in the Lord and in the strength of His might.
11. Isaiah 41:10 Do not fear, for I am with you; do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, surely I will uphold you with My righteous right hand.

12. Daniel 10:19 He said, 'O man of high esteem, do not be afraid. Peace be with you; take courage and be courageous!' Now as soon as he spoke to me, I received strength and said, 'May my lord speak, for you have strengthened me.'
13. Ephesians 6:13 Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm.
14. Philippians 4:13 I can do all things through Christ who strengthens me.
15. Colossians 1:10-12 So that you will walk in a manner worthy of the Lord, to please Him in all respects, bearing fruit in every good work and increasing in the knowledge of God; strengthened with all power, according to His glorious might, for the attaining of all steadfastness and patience; joyously giving thanks to the Father, who has qualified us to share in the inheritance of the saints in Light.
16. 2 Chronicles 16:9 For the eyes of the LORD run to and fro throughout the whole earth, to show himself strong in the behalf of them whose heart is perfect toward him.

11. Promises for Stress

1. 1 Peter 5:7 Casting all your anxiety on Him, because He cares for you.
2. 1 Corinthians 10:13 No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.
3. Isaiah 26:3 The steadfast of mind You will keep in perfect peace, Because he trusts in You.
4. Proverbs 12:25 Anxiety in a man's heart weighs it down, but a good word makes it glad.
5. Psalm 91:1-2 He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the LORD, 'My refuge and my fortress, My God, in whom I trust!'
6. Psalm 4:8 In peace I will both lie down and sleep, for you alone, O LORD, make me to dwell in safety.
7. Philippians 4:6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God
8. Romans 8:6 For the mind set on the flesh is death, but the mind set on the Spirit is life and peace

9. Psalm 121:1-8 I will lift up my eyes to the mountains; from whence shall my help come? My help comes from the LORD, who made heaven and earth. He will not allow your foot to slip; He who keeps you will not slumber. Behold, He who keeps Israel will neither slumber nor sleep.
10. 1 Thessalonians 5:18 In everything give thanks; for this is God's will for you in Christ Jesus.
11. Psalm 46:1-3 God is our refuge and strength, a very present help in trouble. Therefore we will not fear, though the earth should change and though the mountains slip into the heart of the sea; though its waters roar and foam, though the mountains quake at its swelling pride.
12. Philippians 4:4 Rejoice in the Lord always: and again I say, Rejoice.
13. Psalm 121:5-8 The LORD is your keeper; the LORD is your shade on your right hand. The sun will not smite you by day, nor the moon by night. The LORD will protect you from all evil; He will keep your soul. The LORD will guard your going out and your coming in from this time forth and forever.
14. Psalm 121:1-4 I will lift up my eyes to the mountains; from whence shall my help come? My help comes from the LORD, who made heaven and earth. He will not allow your foot to slip; He who keeps you will not slumber. Behold, He who keeps Israel will neither slumber nor sleep.
15. Psalm 9:9-10 The LORD also will be a stronghold for the oppressed, a stronghold in times of trouble; and those who know Your name will put their trust in You, for You, O LORD, have not forsaken those who seek You.
16. Philippians 4:8-9 Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable--if anything is excellent or praiseworthy--think about such things... and the God of peace will be with you.

12. Promises in Times of Suffering

1. Psalms 46:1 GOD is our refuge and strength, a very present help in trouble.
2. Psalms 27:5 For in the day of trouble He will conceal me in His tabernacle; in the secret place of His tent He will hide me; He will lift me up on a rock.
3. 1 Peter 5:10 After you have suffered for a little while, the God of all grace, who called you to His eternal glory in Christ, will Himself perfect, confirm, strengthen, and establish you.

4. Philippians 1:29 For to you it has been granted for Christ's sake, not only to believe in Him, but also to suffer for His sake.
5. Romans 8:17 If children, heirs also, heirs of God and fellow heirs with Christ, if indeed we suffer with Him so that we may also be glorified with Him.
6. 2 Timothy 1:8 Therefore do not be ashamed of the testimony of our Lord or of me His prisoner, but join with me in suffering for the gospel, according to the power of God.
7. Romans 5:3 And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance.
8. 1 Peter 2:21 For you have been called for this purpose, since Christ also suffered for you, leaving you an example for you to follow in His steps.
9. Philippians 3:10 That I may know Him and the power of His resurrection and the fellowship of His sufferings, being conformed to His death.
10. 1 Peter 3:14-15 But and if ye suffer for righteousness' sake, happy are ye: and be not afraid of their terror, neither be troubled; But sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asks you a reason of the hope that is in you with meekness and fear:
11. 1 Peter 3:17 For it is better, if the will of God be so, that ye suffer for well doing, than for evil doing.
12. 1 Peter 4:16 But if anyone suffers as a Christian, he is not to be ashamed, but is to glorify God in this name.
13. John 16:33 These things I have spoken unto you, that in me you might have peace. In the world you shall have tribulation: but be of good cheer; I have overcome the world.
14. Ecclesiastes 7:14 In the day of prosperity be happy, but in the day of adversity consider --God has made the one as well as the other so that man will not discover anything that will be after him.
15. 1 Peter 4:12 Beloved, think it not strange concerning the fiery trial which is to try you, as though some strange thing happened unto you:
16. 1 Peter 1:7 That the trial of your faith, being much more precious than of gold that perishes, though it be tried with fire, might be found unto praise and honor and glory at the appearing of Jesus Christ:

13. Promises for Times of Temptation

1. Psalms 119:11 Your word I have treasured in my heart, that I may not sin against You.
2. Proverbs 28:13 He who conceals his transgressions will not prosper, but he who confesses and forsakes them will find compassion.
3. Ephesians 6:16-18 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God: 18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;
4. 1 John 4:4 You are from God, little children, and have overcome them; because greater is He who is in you than he who is in the world.
5. Hebrews 4:14-16 For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin. Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.
6. Romans 6:14 For sin shall not be master over you, for you are not under law but under grace.
7. 1 Corinthians 10:12, 13 No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.
8. Hebrews 2:18 For since He Himself was tempted in that which He has suffered, He is able to come to the aid of those who are tempted.
9. James 1:2-3, 12 Consider it all joy, my brethren, when you encounter various trials, knowing that the testing of your faith produces endurance. Blessed is a man who perseveres under trial; for once he has been approved, he will receive the crown of life which the Lord has promised to those who love Him.
10. 1 Peter 1:6-7 In this you greatly rejoice, even though now for a little while, if necessary, you have been distressed by various trials, so that the proof of your faith, being more precious than gold which is perishable, even though tested by fire, may be found to result in praise and glory and honor at the revelation of Jesus Christ.
11. James 1:13, 14 Let no one say when he is tempted, I am being tempted by God; for God cannot be tempted by evil, and He Himself does not tempt anyone. But each one is tempted when he is carried away and enticed by his own lust.

12. James 4:7 Submit therefore to God. Resist the devil and he will flee from you.
13. 1 Peter 5:8-9 Be of sober spirit, be on the alert. Your adversary, the devil, prowls around like a roaring lion, seeking someone to devour. But resist him, firm in your faith, knowing that the same experiences of suffering are being accomplished by your brethren who are in the world.
14. 2 Peter 2:9 The Lord knows how to rescue the godly from temptation.
15. 1 John 1:9 If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.
16. Jude 24-25a Now to Him who is able to keep you from stumbling, and to make you stand in the presence of His glory blameless with great joy, to the only God our Savior, through Jesus Christ our Lord, be glory, majesty.

14. Promises to Trust When Things Get Tough

1. Proverbs 3:5-6 Trust in the LORD with all your heart and do not lean on your own understanding. In all your ways acknowledge him, and he will direct your paths.
2. Psalm 25:20 O my God, in You I trust, do not let me be ashamed; do not let my enemies exult over me.
3. Psalm 37:3 Trust in the LORD, and do good; *so* shall you dwell in the land, and verily you will be fed.
4. Psalm 34:4 Delight yourself also in the LORD; and he will give you the desires of your heart.
5. Psalm 37:5 Commit your way to the LORD, trust also in Him, and He will do it.
6. Psalm 9:10 Those who know Your name will put their trust in You, for You, O LORD, have not forsaken those who seek You
7. Psalm 33:21 Our heart rejoices in Him, because we trust in His holy name.
8. Psalm 31:14 As for me, I trust in You, O LORD, I say, 'You are my God.'
9. Psalm 40:3-4 He put a new song in my mouth, a song of praise to our God; many will see and fear and will trust in the LORD. How blessed is the man who has made the LORD his trust, and has not turned to the proud, nor to those who lapse into falsehood.
10. Psalm 44:6 I will not trust in my bow, nor will my sword save me.

11. Psalms 20:7 Some trust in chariots, and some in horses: but we will remember the name of the LORD our God.
12. Isaiah 31:1 Woe to them that go down to Egypt for help; and stay on horses, and trust in chariots, because they are many; and in horsemen, because they are very strong; but they look not unto the Holy One of Israel, neither seek the LORD!
13. Isaiah 26:4 Trust in the LORD forever, for in GOD the LORD, we have an everlasting Rock.
14. Proverbs 37:7,9 Rest in the LORD, and wait patiently for him: do not worry because of him who prospers in his way... but those that wait upon the LORD, they shall inherit the earth.
15. Psalm 52:8 As for me, I am like a green olive tree in the house of God; I trust in the lovingkindness of God forever and ever.
16. Psalm 56:3 When I am afraid, I will put my trust in You. In God, whose word I praise, in God I have put my trust; I shall not be afraid. What can mere man do to me?

15. Promises for Those Who Wait on the Lord

1. Psalm 62:5 My soul, wait in silence for God only, for my hope is from Him.
2. Psalm 33:20 Our soul waits for the LORD; He is our help and our shield.
3. Habakkuk 2:3 For the vision is yet for the appointed time; it hastens toward the goal and it will not fail. Though it tarries, wait for it; for it will certainly come, it will not delay.
4. Lamentations 3:25-26 The LORD is good to those who wait for Him, to the person who seeks Him. It is good that he waits silently for the salvation of the LORD.
5. Psalm 27:14 Wait for the LORD; be strong and let your heart take courage; yes, wait for the LORD.
6. Isaiah 25:9 It will be said in that day, 'Behold, this is our God for whom we have waited that He might save us. This is the LORD for whom we have waited; let us rejoice and be glad in His salvation.'
7. Isaiah 30:18 Therefore the LORD longs to be gracious to you, and therefore He waits on high to have compassion on you. For the LORD is a God of justice; how blessed are all those who long for Him.

8. Hebrews 10:23 Let us hold fast the confession of our hope without wavering, for He who promised is faithful.
9. Psalm 37:7-9 Rest in the LORD and wait patiently for Him; do not fret because of him who prospers in his way, because of the man who carries out wicked schemes. Cease from anger and forsake wrath; do not fret; it leads only to evil-doing. For evil-doers will be cut off, but those who wait for the LORD, they will inherit the land.
10. Psalm 40:1-3 I waited patiently for the LORD; and He inclined to me and heard my cry. He brought me up out of the pit of destruction, out of the miry clay, and He set my feet upon a rock making my footsteps firm. He put a new song in my mouth, a song of praise to our God; many will see and fear and will trust in the LORD.
11. Isaiah 40:31 But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.
12. Psalm 62:5-6 My soul, wait in silence for God only, for my hope is from Him. He only is my rock and my salvation, my stronghold; I shall not be shaken.
13. Psalm 145:14-15 The LORD sustains all who fall and raises up all who are bowed down. The eyes of all look to You, and You give them their food in due time.
14. Psalm 25:3-5 Indeed, none of those who wait for You will be ashamed; those who deal treacherously without cause will be ashamed. Make me know Your ways, O LORD; teach me Your paths. Lead me in Your truth and teach me, for You are the God of my salvation; for You I wait all the day.
15. Psalm 130:5-6 I wait for the LORD, my soul does wait, and in His word do I hope. My soul waits for the Lord more than the watchmen for the morning; indeed, more than the watchmen for the morning.
16. Micah 7:7 As for me, I will watch expectantly for the LORD; I will wait for the God of my salvation. My God will hear me.

16. Promises for Your Children

1. Psalm 127:3-5 Behold, children are a gift of the LORD ...How blessed is the man whose quiver is full of them; they will not be ashamed when they speak with their enemies in the gate.
2. Proverbs 22:6 Train up a child in the way he should go, even when he is old he will not depart from it.

3. Proverbs 22:15 Foolishness is bound up in the heart of a child; the rod of discipline will remove it far from him.
4. Proverbs 29:15 The rod and reproof give wisdom, but a child who gets his own way brings shame to his mother.
5. Acts 16:31 They said, 'Believe in the Lord Jesus, and you will be saved, you and your household.'
6. Matthew 11:25 At that time Jesus said, 'I praise You, Father, Lord of heaven and earth, that You have hidden these things from the wise and intelligent and have revealed them to infants.'
7. Acts 2:39 For the promise is for you and your children and for all who are far off, as many as the Lord our God will call to Himself.'
8. Isaiah 54:13 All your sons will be taught of the LORD; and the well-being of your sons will be great.
9. Mark 10:14 When Jesus saw this, He was indignant and said to them, 'Permit the children to come to Me; do not hinder them; for the kingdom of God belongs to such as these.'
10. Mark 10:16 'And He took them in His arms and began blessing them, laying His hands on them.'
11. Proverbs 17:6 Grandchildren are the crown of old men, and the glory of sons is their fathers.
12. Psalm 103:17 The lovingkindness of the LORD is from everlasting to everlasting on those who fear Him, and His righteousness to children's children.
13. Psalm 37:25-26 I have been young and now I am old, yet I have not seen the righteous forsaken or his descendants begging bread. All day long he is gracious and lends, and his descendants are a blessing.
14. Ephsians 6:1,4 Children, obey your parents in the Lord, for this is right. Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.
15. Psalm 78:4 We will not conceal them from their children, but tell to the generation to come the praises of the LORD, and His strength and His wondrous works that He has done.
16. Proverbs 14:26 In the fear of the LORD there is strong confidence, and his children will have refuge.

17. Promises of Security in Christ

1. Philippians 1:6 Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.
2. Ephesians 2:1,5 As for you, you were dead in your transgressions and sins, ...5. made us alive with Christ even when we were dead in transgressions--it is by grace you have been saved.
3. 1 Peter 1:5 Who through faith are shielded by God's power until the coming of the salvation that is ready to be revealed in the last time.
4. 1 John 5:24 "I tell you the truth, whoever hears my word and believes him who sent me has eternal life and will not be condemned; he has crossed over from death to life.
5. Colossians 1:13 For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves,
6. Colossians 1:12 Giving thanks to the Father, who has qualified you to share in the inheritance of the saints in the kingdom of light.
7. Colossians 2:13 When you were dead in your sins and in the uncircumcision of your sinful nature, God made you alive with Christ. He forgave us all our sins,
8. Revelation 3:20 Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with me.
9. 1 Peter 1:23 For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God.
10. 2 Corinthians. 5:17 Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!
11. John 1:12 Yet to all who received him, to those who believed in his name, he gave the right to become children of God--
12. John 3:36 Whoever believes in the Son has eternal life, but whoever rejects the Son will not see life, for God's wrath remains on him."
13. John 10:28-29 "I give unto them eternal life" I give them eternal life, and they shall never perish; no one can snatch them out of my hand.
14. Romans 8:1 Therefore, there is now no condemnation for those who are in Christ Jesus,
15. John 3:16 "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

16. Hebrews 3:1 Therefore, holy brothers, who share in the heavenly calling, fix your thoughts on Jesus, the apostle and high priest whom we confess.

18. Promises Concerning God's Word

1. Isaiah 55:11 So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it.
2. Jeremiah 23:29 Is not my word like as a fire? saith the LORD; and like a hammer that breaketh the rock in pieces?
3. Acts 20:32 And now, brethren, I commend you to God, and to the word of his grace, which is able to build you up, and to give you an inheritance among all them which are sanctified.
4. Hebrews 4:12 For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.
5. 2 Timothy 2:9 Wherein I suffer trouble, as an evil doer, even unto bonds; but the word of God is not bound.
6. 2 Timothy 3:16-17 All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: That the man of God may be perfect, thoroughly furnished unto all good works.
7. Psalms 12:6-7 The words of the LORD are pure words: as silver tried in a furnace of earth, purified seven times. Thou shalt keep them, O LORD, thou shalt preserve them from this generation for ever.
8. Mark 13:31 God's words will never pass away. Heaven and earth shall pass away: but my words shall not pass away.
9. Isaiah 40:7-8 The grass withers, the flower fades: because the spirit of the LORD blows upon it: surely the people *is* grass. The grass withers, the flower fades: but the word of our God shall stand for ever.
10. Psalm 1:1-3 Blessed is the man that walks not in the counsel of the ungodly, nor stands in the way of sinners, nor sits in the seat of the scornful. But his delight is in the law of the LORD; and in his law does he meditate day and night. And he shall be like a tree planted by the rivers of water, that brings forth his fruit in his season; his leaf also shall not wither; and whatever he does shall prosper.
11. Psalm 119:50 This is my comfort in my affliction: for thy word has quickened me.

12. Psalm 119:58 I intreated your favor with my whole heart: be merciful unto me according to your word.
13. Psalm 119:81 My soul faints for your salvation: but I hope in your word.
14. Psalm 119:38 Fulfill your word unto your servant, who is devoted to your fear.
15. Psalm 119:11 Your word have I hid in my heart, that I might not sin against you.
16. Psalm 119:105 Your word is a lamp unto my feet, and a light unto my path.

19. Promise of God's Faithfulness

1. Genesis 8:22 While the earth remains, seedtime and harvest, and cold and heat, and summer and winter, and day and night shall not cease.
2. Genesis 9:13 I do set my bow in the cloud, and it shall be for a token of a covenant between me and the earth.
3. Deuteronomy 31:6 Be strong and of a good courage, fear not, nor be afraid of them: for the LORD thy God, he *it is* that goes with you; he will not fail you, nor forsake you.
4. Deuteronomy 31:8 And the LORD, he *it is* that goes before you; he will be with you, he will not fail you, neither forsake you: fear not, neither be dismayed.
5. Lamentations 3:23 *Your mercies are new every morning:* great is your faithfulness.
6. Jeremiah 29:11 For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end.
7. Ephesians 3:20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that works in us,
8. 2 Corinthians 1:20 For all the promises of God in him *are* yes, and in him Amen
9. Joshua 1:5 There shall not any man be able to stand before you all the days of your life: as I was with Moses, *so* I will be with you: I will not fail you, nor forsake you.
10. Jeremiah 33:20 If ye can break my covenant of the day, and my covenant of the night, and that there should not be day and night in their season; 21 *Then* may also my covenant be broken with David my servant,...

11. Jeremiah 33:25 Thus says the LORD; If my covenant *be* not with day and night, *and if* I have not appointed the ordinances of heaven and earth; 26 Then will I cast away the seed of Jacob,
12. Habakkuk 3:17-18 Although the fig tree shall not blossom, neither *shall* fruit *be* in the vines; the labor of the olive shall fail, and the fields shall yield no meat; the flock shall be cut off from the fold, and *there shall be* no herd in the stalls: 18 Yet I will rejoice in the LORD, I will joy in the God of my salvation.
13. 1 Chronicles 28:20 And David said to Solomon his son, Be strong and of good courage, and do *it*: fear not, nor be dismayed: for the LORD God, *even* my God, *will be* with you; he will not fail you, nor forsake you, until you have finished all the work for the service of the house of the LORD.
14. 1 Thessalonians 5:24 Faithful is he that calls you, who also will do it.
15. 1 Corinthians 10:13 There has no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that you are able; but will with the temptation also make a way to escape, that you may be able to bear it.
16. Deuteronomy 7:9 Know therefore that the LORD your God, he is God, the faithful God, which keeps covenant and mercy with them that love him and keep his commandments to a thousand generations;

20. Promises from God's Character

God's character is found in his self-revelations and in his names.

1. Exodus 20:5 Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God *am* a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth *generation* of them that hate me;
2. Exodus 34:6 And the LORD passed by before him, and proclaimed, The LORD, The LORD God, merciful and gracious, longsuffering, and abundant in goodness and truth, 7 Keeping mercy for thousands, forgiving iniquity and transgression and sin, and that will by no means clear *the guilty*; visiting the iniquity of the fathers upon the children, and upon the children's children, unto the third and to the fourth *generation*.
3. Psalms 52:1 Why do you boast in mischief, O mighty man? The goodness of God endures continually.
4. Numbers 14:18 The LORD *is* longsuffering, and of great mercy, forgiving iniquity and transgression, and by no means clearing *the guilty*, visiting the iniquity of the fathers upon the children unto the third and fourth *generation*.

5. Romans 2:4 Or do you despise the riches of his goodness and forbearance and longsuffering; not knowing that the goodness of God leads you to repentance?
6. 2 Chronicles 30:9 For if you turn again unto the LORD, your brethren and your children *shall find* compassion: for the LORD your God *is gracious and* merciful, and will not turn away *his* face from you, if you return unto him.
7. Psalms 34:8 O taste and see that the LORD is good: blessed *is* the man *that* trusts in him.
8. Psalms 73:1 Truly God is good to Israel, *even* to such as are of a clean heart.
9. Psalms 86:15 But thou, O Lord, *are* a God full of compassion, and gracious, longsuffering, and plenteous in mercy and truth.
10. Psalms 103:8 The LORD *is* merciful and gracious, slow to anger, and plenteous in mercy.
11. Psalms 145:8 The LORD *is* gracious, and full of compassion; slow to anger, and of great mercy.
12. Psalm 145:17 The LORD *is* righteous in all his ways, and holy in all his works.
13. 1 John 4:8 He that loves not knows not God; for God is love.
14. 2 Peter 3:9 The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance.
15. Psalms 100:5 For the LORD is good; his mercy *is* everlasting; and his truth *endures* to all generations.
16. Psalms 106:1 Praise the LORD. O give thanks unto the LORD; for *he is good*: for his mercy *endures* for ever.

These are not by any means all the promises of God in Christ. They are, however, great and exceeding precious promises given to us that we might be like Christ. Let the word of Christ dwell in you richly.

If were to add to this list the 75 promises of Isaiah they would overwhelm us with God's goodness. **365 Days of Precious Promises.**